School-Wide Frameworks and Interventions to Improve Student Behavior and Engagement

Catherine P. Bradshaw, Ph.D.

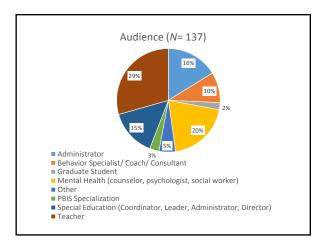
Curry School of Education, University of Virginia

Kristine E. Larson, Ed.D.

Johns Hopkins Bloomberg School of Public Health

Outcomes

- Participants will learn about approaches for promoting the *use of data* to make informed decisions regarding the implementation of evidence-based preventive interventions in middle and high schools.
- 2. Participants will learn about an *integrated PBIS/RP model* and preliminary lessons learned from schoolwide implementation.
- 3. Participants will learn about Double Check, a schoolwide framework built on the foundation of PBIS to increase staff cultural proficiency and student engagement.



Part 1: Why School Climate?

Overview

- Three preventive interventions aimed at improving student behavior and engagement.
 - •MDS3
 - •Continuum of Evidence-based Practices Used Across Multiple Tiers
 - •PBIS/RP
 - Integration Efforts
 - Double Check
 - •Increasing Cultural Proficiency and Student Engagement

Today's Objectives

Part1: Understanding School Climate & Its Importance

- 1. Measuring School Climate
- 2. Improving School Climate
- 3. Integrating School Climate and PBIS

Presentation Organization



CORE CONTENT:Definition, Rationale, & Examples



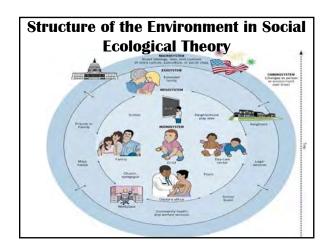
PRACTICE:
Activities for Fluency



SELF-ASSESSMENT:
Activity to Promote Reflection



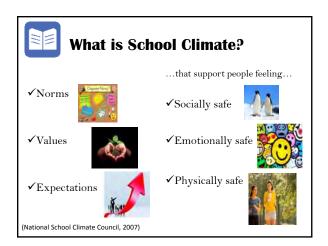
ACTION PLANNING:
Applying the Core Content to Your School



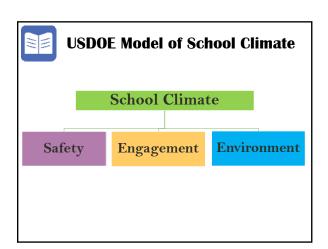
What You Need

Handouts for this section

- Reflection Items:
 - Needs Identified by Maslow
 - Multiple Sources of School Climate Data
 - Using School Climate Data in Your School
 - How to Incorporate School Climate into PBIS
- Summary of School Climate Scales
 - Survey Constructs and Items
- Barriers to Collecting (and sharing about) School Climate Data and Possible Solutions
- Action Plan for Communicating About a School Climate Survey
- School Climate Resources



Understanding School Climate







How Does Negative School Climate Impact Students?

- Less engagement with education (Diaz, Kosciw, & Greytak, 2010; CDC, 2011)
- Poor student achievement (Kosciw et al., 2010)
- Poor physical health (Gruber & Fineran, 2008; Russell, Ryan, Toomey, Diaz, & Sanchez, 2011)
- Poor emotional well-being (Kosciw et al., 2010; Russell & Joyner, 2001)
- Youth of color tend to report less supportive relationships with their teachers, have lower perceptions of equity, and perceive the environment as less safe (Bottiani, Bradshaw, & Mendelson, 2016; Fan et al., 2011)



Positive School Climate is Associated With:

- ↓ Discipline problems (Cohen & Geier, 2010)
- ↓ Suspensions (Lee et al., 2011)
- ↓ Aggressive and violent behavior (Gregory et al., 2010)
- → Problems with absence and lateness (Gottfredson et al., 2005)
- $ightarrow Alcohol \ {\it and} \ {\it drug} \ {\it use} \ {\scriptscriptstyle (LaRusso \ et \ al., \ 2008)}$
- ↓ Bullying (Meyer-Adams & Conner, 2008; Bradshaw et al., 2009) and harassment (Attar-Schwartz, 2009)



How Does Negative School Climate Impact Teachers?

- •Increases classroom disruption
 - -Less instructional time
 - -Greater office referrals and suspensions
- •Decreases staff motivation
- •Increases burnout

(Fernet, Guay, Senecal, & Austin, 2012; Irvin et al., 2006; Pas, Bradshaw, & Hershfeldt, 2011; Pas, Bradshaw, & Mitchell, 2011; Walker et al., 1996)



Positive School Climate is Associated With:

- ↑ Student academic motivation and engagement (Eccles et
- ↑ Student academic achievement (Brand et al., 2003; Stewart, 2008)
- ↑ Student psychological well-being (Ruus et al., 2007; Shochet et al., 2006)
- ↑ Teacher job satisfaction and retention (Brown & Medway, 2007; Singh & Billingsley, 1998)



Self-Assessment

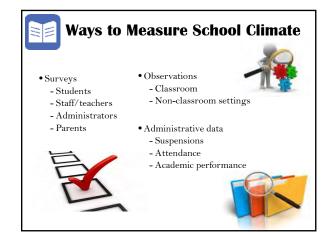
- 1. Which aspects of the school environment matter for student outcomes?
 - a. The built environment
 - b. The social environment
 - c. Relationships between students and teachers
 - d. Condition of the bathrooms
 - e. Condition of the school grounds
 - f. All of the above

(Answer: f)



- 2. Which of Maslow's identified needs can be addressed by a positive school climate?
 - a. Safety needs
 - b. Esteem needs
 - c. Love and Belongingness needs
 - d. None of the above
 - e. All of the above

(Answer: e)



Measuring School Climate





Activity 1: Addressing Student Needs

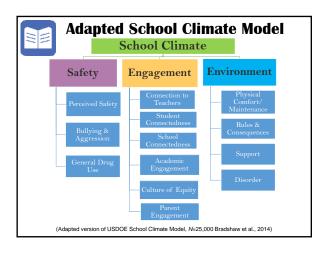
Reflect on the needs identified by Maslow

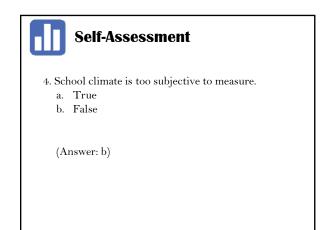
- Which of these needs does your school address well?
- Could your school better support students in any of these needs? How?
- Are there any groups of students that your school may want to focus on?



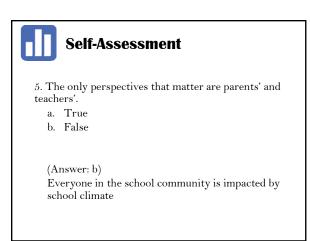
Activity 2: Reflection on Multiple Sources of School Climate Data

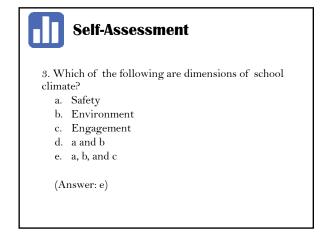
- What types of data do you have available to you currently that might provide some insight into your school's climate?
- What additional data would you want to collect?
- What resources are needed to collect additional data?
- How might data help in obtaining buy-in for making changes?
- How can you share data with other stakeholders?

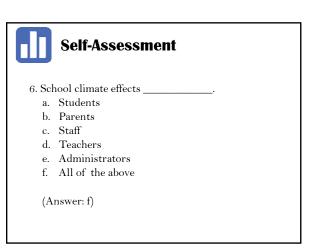




MDS3 School Climate Findings				
Students report that:	Elem	Middle	High	
They feel safe at school	88%	86%	84%	
They have been bullied in the past month	41%	25%	20%	
Other students try to stop bullying	N/A	52%	47%	
Often or very often feeling sad	21%	19%	22%	
Student alcohol use is a problem	14%	28%	73%	
They belong at school	81%	78%	69%	
Teachers encourage them to work hard in their classes	93%	88%	81%	
Parents are told when the students do well	79%	59%	44%	
Students of all races are treated the same	77%	71%	63%	
Disruptions get in the way of learning	N/A	73%	69%	
The school building is clean and well-maintained	67%	63%	53%	
Students who need help with their problems are able to get it at school	N/A	77%	70%	
*Data from 37.552 students in 114 schools across Maryland				









- 7. Student behavior and school climate both influence each other.
 - a. True
 - b. False

(Answer: a)

While we often think about the impact of school climate on behavior, behavior often impacts the overall climate, thereby suggesting a bidirectional influence of climate and behavior.



Recommendations for Effective School Climate Promotion

Prioritize and Integrate School Climate into School Initiatives

- •Start with tier 1 supports
- Identify climate and student behavior as schoolwide goals
- Integrate with other initiatives that address behavior, school climate, and disproportionality or equity.

(Bradshaw et al., 2014; Adolescent Psychiatry

Improving School Climate



Recommendations for Effective School Climate Promotion

Incorporate the Voices of Multiple Stakeholders

- Include youth voice
- Improve communication efforts
- •Use or improve use of data
 - Examine data overall and also separately by different student groups (e.g., race/ethnicity, gender, grades)

(Bradshaw et al., 2014; Adolescent Psychiatry)



Activity 3: Reflection Questions with Your Team

- Reflect with your team
 - How have you or can you talk about school climate among the staff ... students ... parents?
 - What impact does school climate have on the staff and their willingness to work with students?
 - How might different student groups respond about the climate of your school?
 - How much buy-in do we think we have among school staff and students to try to improve the climate in our school?
 - Brainstorm ideas for improving each of the components of school climate.



Recommendations for Effective School Climate Promotion

Enable Success

- Attend to the importance of a strong leadership team and administrator support
 - Critical for implementation
 - Leadership can model the behaviors desired from staff and students
- Consider designating someone to be a "school climate coach" for your school



(Bradshaw et al., 2014; Adolescent Psychiatry



- 8. Principals play an important role in promoting a positive school climate.
 - a. True
 - b. False

(Answer: a)



Creating Behavioral Structures to Support Students

- Schools serve as the identifying agency for most students' behavioral and social-emotional problems
- Intervening at school can reduce barriers for those in need of services (i.e., financial, stigma, time)
- Evidence-based programs can be implemented in schools to ensure all students have the skills needed for learning

(Huang et al., 2005)

Positive Behavioral Interventions and Supports (PBIS) and School Climate



Focus of PBIS



- Focuses on improving systems (e.g., teaming) and practices (e.g., evidence-based programs) through databased decision making.
- Team-based approach that involves coaching.
- Aims
 - -To alter the <u>environment</u> and promote and reinforce more positive student behavior
 - To decrease negative student behaviors and thus increase $\underline{\mathrm{safety}}$
 - To provide the conditions for learning which promote better student <u>engagement</u> and achievement.



Activity 4: Reflection About PBIS and School Climate

- Write down some ways your current PBIS implementation addresses school climate.
- What are some additional areas of climate you want to incorporate into your PBIS implementation?



PBIS Data-Based Decision Making



- •Strong focus on behavioral data (e.g., office discipline referrals/ODRs, suspensions) for ongoing decision making.
 - -Examination of data for disproportionality among certain student groups
- •School climate data as complementary to traditional PBIS data.



PBIS: 3-5 Expectations



- ·PBIS encourages the selection, teaching, and reinforcing of 3-5 specific behavioral expectations.
- Common examples are often:

Be safe SAFETY

Be ready (to learn) **ENGAGEMENT** Be respectful (of own/others property)ENVIRONMENT

Self-Assessment

- 9. School-wide PBIS has been shown to impact which of the following outcomes:
 - a. Academic performance
 - b. School climate
 - Behavior problems
 - d. Prosocial behavior
 - e. All of the above

(Answer: e)



PBIS Effects on School Climate



- Improved staff perceptions of:
- Administrator's support

 - Administrator's support Relationships between staff Students' focus on academics
- Improved student report of:
 - Weapon carrying and threats/injuries by a weapon
 - Skipping school because of a fear for safety
 - Marijuana use
 - Engagement in school community activities

(Bradshaw, et al., 2008; Bradshaw et al., 2009; Bradshaw et al., 2014)



Self-Assessment

10. PBIS improves the work environment and school climate for students, but not school staff?

- a. True
- b. False

(Answer: b)

There are impacts for both students and staff.



PBIS Effects on Student Outcomes



- PBIS is associated with significant improvements in:
- Suspension and office discipline rates
- Academic achievement
- · Also associated with improvements on teacher report of
 - Aggressive/disruptive behavior
 - Concentration problems
 - Rejection and bullying
 - Emotion regulation
 - Prosocial behavior

(Bradshaw et al., 2012; Horner, Sugai, & Anderson, 2009; Waasdorp, Bradshaw, & Leaf, 2012)



Self-Assessment

- 11. Who should select the school-wide expectations and develop the reinforcement system?
 - a. Administrators
 - b. Teachers
 - c. Students
 - d. Parents
 - e. All of the above
 - A school-based team that is representative of the school community

(Answer: f)

Concluding Thoughts and **Next Steps**



Self-Assessment for Next Steps

How willing are you to communicate the importance of school climate data and advocate for its use in your school?

1 2 3 4 5 6 7 8 9 10

Not Willing Very Willing



Summarizing

- School climate is an important factor for student success
- Measuring school climate should take into consideration the perspectives of multiple stakeholders - surveys are an efficient way to do this
- Climate isn't an "initiative" to bring into your school, but something that impacts every element of what schools do
- Natural fit between school climate and PBIS
- Consideration of school climate may help guide implementation of evidence-based practices (EBPs) at different tiers.





Self-Assessment for Next Steps

How important do you think school climate is in shaping students' behavior in your building?

1 2 3 4 5 6 7 8 9 10 Not Important Very Important

How confident do you feel about your knowledge of school climate (i.e., that you could teach others in your school)?

1 2 3 4 5 6 7 8 9 10

Not Confident Very Confident



Action Planning

- Identify and implement three action steps for communicating the importance of school climate for each of the following groups:
 - -Staff and teachers
 - -Students
 - -Parents
 - -Community

WHO will	
help with this?	WHEN will this happen?
	help with

What you Need

- Your action plans from the last section
- Handouts for this section
 - Planning Your Communication
 - Data Discussions
 - \bullet Set Your Own Expectations for Data Discussions
 - Guiding Questions for Facilitating Productive Data Discussions
 - School Climate Survey Data Review
 - School Climate Feedback Form
 - Strategies to Improve School Climate
 - Administrator Walk Through Tool

Resources on School Climate

- National School Climate Center: www.schoolclimate.org
- National Center on Safe Supportive Learning Environments: http://safesupportiveschools.ed.gov/
- National Center on Safe Supportive Learning Environments' School Climate Survey Compendium: http://safesupportivelearning.ed.gov/topicresearch/school-climate-measurement
- National Technical Assistance Center on PBIS <u>WWW.PBIS.org</u>
- Center for the Advancement of Social and Emotional Learning

WWW.CASEL.org

Leading Productive Discussions About School Climate Data

Part 2: Applying Climate Data to Data-Based Decision Making



Goals for Data Discussions

- •Shift the lens from accountability to growth
- Facilitate collaboration and shared action planning
- Focus on the future more than the past
 - Where are we going?
 - What will we do next?



Motivating the Team Through Communication

- Understand the values and vision of key stakeholders
 - •What about school climate is important to them?
 - What would they like to see changed in their school?
 - How might the school look if they had a magic wand?

How can you align this information to motivate staff to focus on school climate?



Setting Clear Expectations for Data Discussions

- Keep discussions positive and strengths focused do not cast blame
- Base judgments or interpretations of problems on specific data not perceptions or opinions
- Be a good listener
 - Allow other team members to speak
 - Ask clarifying questions to elicit more information
- Be solution focused
 - · Ask questions that help with action planning

Remember: Problems do not get solved in one discussion. Some of these conversations (e.g., equity) will be challenging.



Motivating the Team Through Communication

- •Consider the history
 - What has been tried already?
 - How did that go?
 - How can you build on what has been done?
- •Understand team members' frustrations
 - How do these relate to the school's vision and to past experiences?
 - How can we avoid past frustrations in our work



Set Your Own Expectations for Data Discussions

 List 3-5 clear expectations for your school's data discussions.

Data Discussion Expectations

- 1. Participants will identify areas of strength to build upon during data discussion.
- 2.
- 3.
- 4.
- 5.

Think about how you will share your ideas and engage your school team in making them norms.



Planning Your Communication

 Reflect on the values, frustrations, and history that might affect your school's discussions about climate.

Factors to consider	Examples of those present at your school	How can you link this to school climate?
Vision/Values		
Frustrations		
History		

• Consider how you may process these factors as a team and allow for productive data discussions.



Facilitating Data Discussions

Guiding Questions:

- What do the data suggest?
- Do the data suggest that any student groups (e.g., race/ethnicity, gender) may need extra support?
- What are areas that can be *celebrated*?
- What surprises you about the data?
- What are areas of concern?
- What questions do you still have about the data?
- Is there additional data that you would like to see?
- What are the next steps? Where do we go from here?



Considerations of Team Overlap

- Teams that may already review relevant data to school climate:
 - PBIS Team
 - Student Support Team/Pre-Referral Team
 - $\bullet \ Leadership \ Team$
 - Other team...
- Consider how to gather the identified sources of data:
 - Will different individuals/teams provide data?
 - Will one person be in charge of collecting it all?
- Consider the cross-team communication



Self-Assessment

- 3. Which is an example of an open-ended question that will help facilitate productive data discussions?
 - a. Why are the referrals so high?
 - b. Do you think we have improved?
 - c. What was done before that may be helpful to us
 - d. What do the data suggest we may need to implement?
 - e. A and B
 - f. C and D

(Answer: f)



Self-Assessment

- 1. The way in which questions are asked can play a key role in facilitating productive data discussions.
 - a. True
 - b. False

(Answer: a)



Self-Assessment

- 4. It is not important to review meeting norms for data discussions at the beginning of each meeting.
 - a. True
 - b. False

(Answer: b)

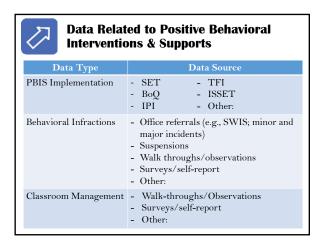


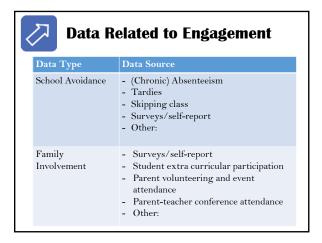
Self-Assessment

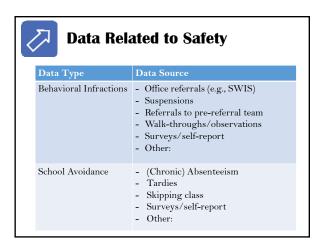
- 2. In a team meeting, if a member reflects that the issue with the school climate ratings was that the students had really bad behaviors this year, they...
 - a. Are helping to focus on the future steps
 - b. Are casting blame and not keeping a solution focus
 - c. Neither A or B
 - d. Both A and B

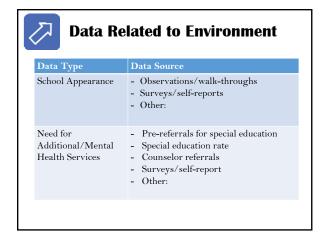
(Answer: b)

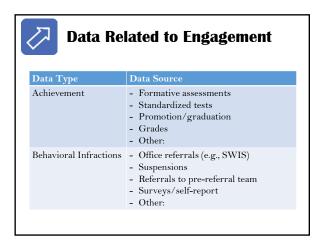
Understanding Your Data

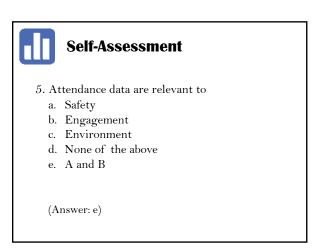














6. Survey data can inform a school's knowledge about:

- a. Safety
- b. Engagement
- c. Environment
- d. All of the above
- e. None of the above

(Answer: d)

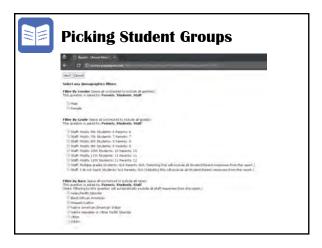


MDS3 Reporting

2- Advanced Report

- Generate data for specific student groups (for any or all items)
 - *Consider how differing perceptions of school climate may relate to behavioral and academic indicators
- Drill down into specific constructs (for everyone or for specific groups)
- Run each subheading within the system, one at a time (i.e., 12 reports, if using just one group)
- PDF/print out any of the areas you have chosen

Leveraging the MDS3 Survey System

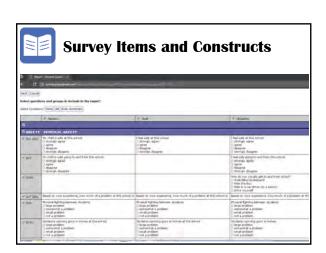




MDS3 Reporting

1- Executive Report

- · Quick look at all areas
- Start to figure out areas to build upon as strengths (e.g., not flagged; area you worked on that isn't flagged)
 - Are there other data sources that support this?
- Identify areas to improve (e.g., flagged or percent respondents is unsatisfactory)
 - Are there other data sources that support this?





Analyzing the Advanced Reports

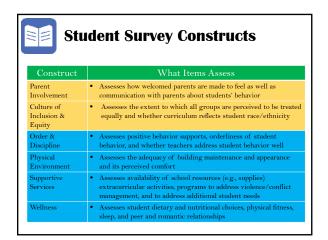
Team review

- · Assign members a specific data section
- · Have members team up
- Have teams rotate "stations" to look over data
- Other ways...

Provide structured guiding questions

- How do the data for this section look overall?
- Are there specific concerning areas/items?**
- · How could this be addressed?

*Disregard if just 1 item seems problematic in an area





MDS3 Reporting

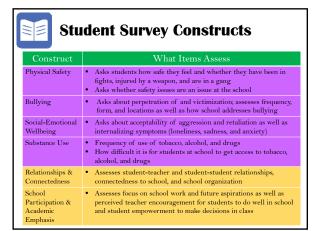
3- Comparison Report

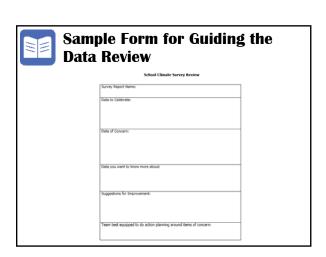
- Track the specific areas you have chosen to target and track how these areas have changed over time
- Compare to other (not targeted) areas



Logistics of Reviewing School Climate Data

- Provide selected data/reports to the targeted individual(s) and decide how to go over it
- •Set the expectations on how the discussions occur
- Consider starting small







- 7. Schools should only use the executive report once they have viewed all items on the MDS3 survey
 - a. True
 - b. False

(Answer: b)



So Much to Do, So Little Time

- •How do you choose where to focus?
- •How do you know what is most important?
- •What will get you the most 'bang for your buck'?



Self-Assessment

- 8. The advanced report can be used to filter by items and would allow a team to print out separate reports for each of the 12 constructs/sub-headings
 - a. True
 - b. False

(Answer: a)



Decisions, Decisions, Decisions

- Where do I start?
 - Cross data-source consistencies and red flags
- •Here are some things you may want to consider when deciding where to focus your efforts
 - LEA initiatives and mandates
 - $\bullet {\bf Administrative\ priorities}$
 - School Improvement Plan goals
 - Focusing on equity and disproportionality
 - Manageability
 - Current efforts/outcomes

Prioritizing Your Focus



Prioritizing

- Look for patterns across data sources regarding PBIS implementation, Safety, Engagement, and Environment
 - Relative strengths
 - Relative weaknesses
- List out the areas where you see a pattern of concern
 - Focus on equity within any area you are concerned about

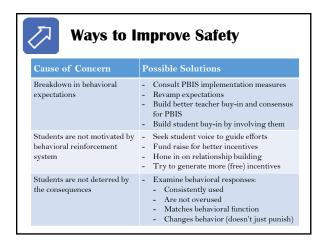


Getting Back to the Bigger Picture

- •Select which to focus on first- some suggestions:
 - Identify what is part of a district or state priority
 - Identify what can be easily addressed through existing efforts that just may need enhancement
 - Identify an area that if improved, will also improve other areas
 - Focus on something that will boost staff and/or student morale
 - Have the team (or whole staff) rank order which they want to work on

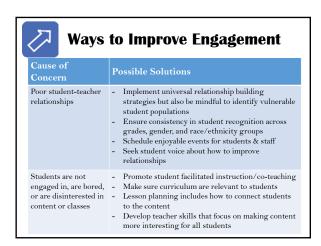
Ways to Improve Positive Behavioral Interventions & Supports				
Cause of Concern Possible Solutions				
Teachers struggle with classroom management	 PD sessions that go "back to basics" Develop a climate that facilitates teachers coaching and supporting one another Target specific teacher groups for coaching Identify exemplar classroom management and allow others to observe 			
Poor monitoring or supervision of students in non-classroom settings	Create systems that improve monitoring or active supervision Reward and incentivize teachers			
Majority of students do respond, but a cluster of students do not	- Identify these students through screening and provide additional Tier 2 supports			

Strategies to Address Identified Concerns

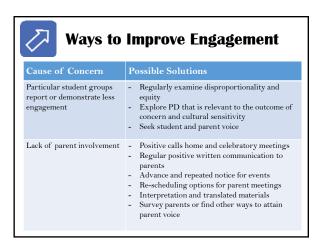


Ways to Improve Positive Behavioral Interventions & Supports			
Cause of Concern	Possible Solutions		
Breakdown in behavioral expectations	Consult PBIS implementation measures Revamp expectations Build better teacher buy-in and consensus for PBIS Build student buy-in by involving them		
Students are not motivated by behavioral reinforcement system	Seek student voice to guide efforts Fund raise for better incentives Hone in on relationship building Try to generate more (free) incentives Ensure that the reinforcements are being consistently implemented		

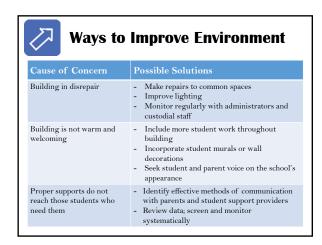


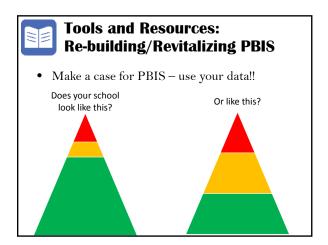


Complete an Action Plan			
Area of Concern	Data	Potential Causes	Possible Solutions
PBIS			
Safety			
Engagement			
Environment			



Tools to Address Identified Concerns

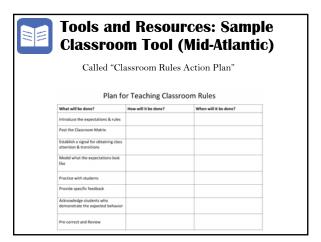




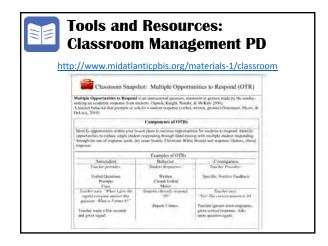


Tools and Resources: Re-building/Revitalizing PBIS

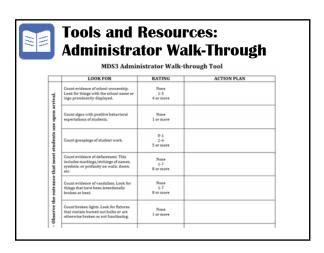
- Integrate staff voice into the decisions being made
- Inform staff regularly about PBIS initiatives and successes being seen
- Model the use of positive behavior supports with teachers
- Pull resources on buy-in from:
 - www.pbis.org
 - www.pbismaryland.org
 - www.midatlanticpbis.org
 - Other PBIS networks

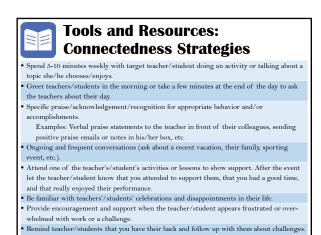










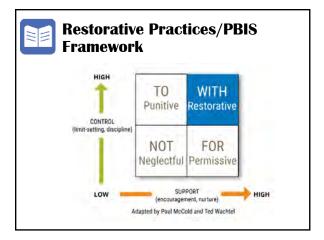


Part 3: Integrating Restorative Practices within the Maryland Safe and Supportive Schools (MDS3) Middle School Initiative

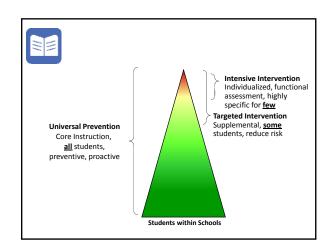


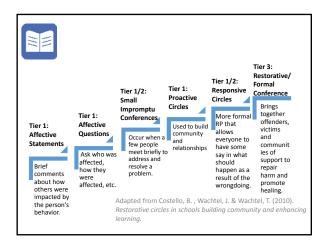
National Bullying Resources

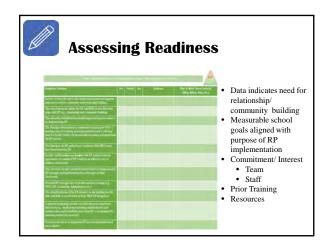
- StopBullying.Gov Best Practices https://www.stopbullying.gov/news/media/bestpractic es/index.html
- Reducing Bullying Behavior through SWPBS
 http://www.pbis.org/pbis_resource_detail_page.aspx?P
 BIS ResourceID=900 (MS/HS Expect Respect)

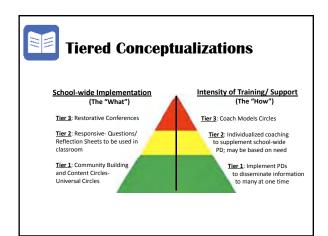


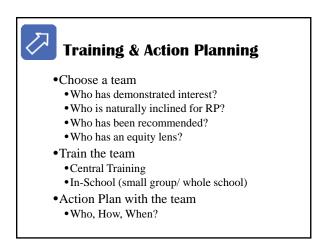


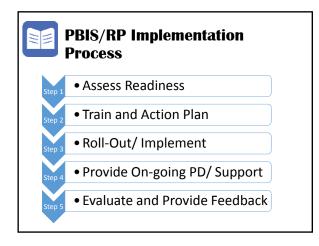














Roll-Out/ Implementation

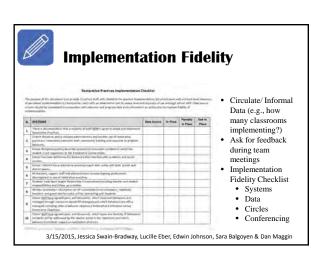
- Support Initial 60 Minute PD for Staff
 - •20 minute introduction by principal
 - •40 minute PD in break-out sessions by grade
 - •*Circulate
- •Community Circles implemented on Mondays and Fridays during homeroom
- •Continue PD/ Coaching Support
- •Feedback from staff about circles during grade-level team meetings



On-going PD/ Support

- •Three Coaching Options
 - •Observe Teacher & Provide Feedback
 - •Co-Facilitate with Teacher
 - •Model with Students (teacher observes)
- •Dependent on...
 - Teacher Desire/ Willingness/ Comfort
 - •Coach Availability

Part 4: Implementing Double Check to Increase Staff Cultural Proficiency and Student Engagement





Overview

- •Double Check Model
 - •Background and Rationale
 - •Overview of Double Check Model
- •Snapshot of a Double Check Training
 - •Brainstorming Strategies
 - Action Planning



Lessons Learned

- •Relationship building and presence as a coach in the building is key
 - •School Teams
- •Get buy-in and have clear rationale
 - •Data and Resources
- •Start small!
- •Build your ideal team
 - •Know your teachers



Thermometer

- •What is disproportionality?
- •Does disproportionality show up in your school? If yes, how so?
- •How does disproportionality show up in your school's data?





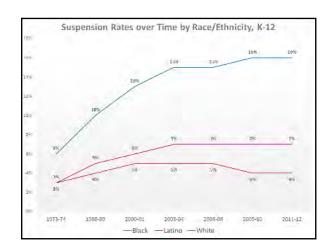
What is Disproportionality?



Disproportionality refers to a group's representation in a particular category that "exceeds our expectations for that group, or differs substantially from the representation of others in that category" (Skiba et al., 2008, p. 266).

Disciplinary Disproportionality

encompasses the disproportionately high rates at which students from certain racial/ethnic groups are subjected to office discipline referrals, suspensions, school arrests, and expulsion (Skiba, Shure, & Williams, 2012). Special Education
Disproportionality has been
referred to as "the extent to which
membership in a given group
affects the probability of being
placed in a specific disability
category" (Oswald, Coutinho,
Best, & Singh, 1999, p. 198).

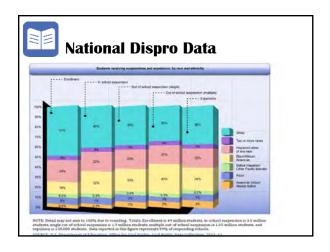




What disproportionality looks like in Schools

- Exclusionary and punitive practices:
- Restraint, seclusion, suspension, expulsion, referral to law enforcement
- Used more frequently for certain racial/ethnic groups
 Hispanic and Black students are disciplined more harshly
- But also used differentially more depending on offense
 - Hispanic and Black students are suspended disproportionately more than White students for non-violent offenses, ranging from dress code violations to acts of disrespect

Data from U.S. Department of Education Office for Civil Rights (2011-2012)

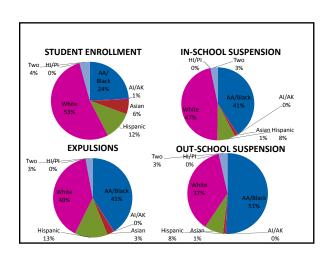




Discipline Disproportionality is a National Concern

- •Nationally, Black students are suspended and expelled at rates 3 times greater than White students
 - -16 states and DC reported even higher gaps than the nation between suspension rates of Black and White students
- Disciplinary disproportionality is present from preschool to high school and for both male and female students
- Findings extend to other minorities (Hispanic, American Indian, Native-Alaskan) in some contexts

Data from U.S. Department of Education Office for Civil Rights (2011-2012)





What is the Double Check Model?

- A professional development and coaching framework that builds on SW-PBIS to help teachers enhance 5 core components of culturally responsive practices.
- Addresses overrepresentation of students of color in disciplinary referrals, suspensions, and special education referrals.
 - Assumptions:
 - · Classroom management and SW-PBIS are necessary but not sufficient
 - Traditional focus of diversity training has been on power and privilege, not skill development



Strategies: Handout

•Working with your groups, brainstorm strategies for each Double Check domain.





5 Components of Double Check

Double Check (Rosenberg, 2007) is a self-reflection process that promotes culturally responsive practices through five components:



Goals:

- Increase staff cultural proficiency
- Increase student engagement Increase teacher classroom management skills
- Reduce disproportionality



Discussion Rotation

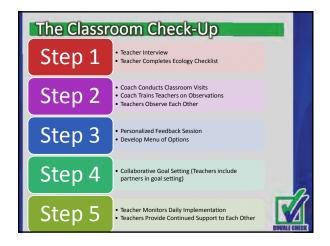
- •Use your Strategy worksheet and write down strategies for each domain that your colleagues share with you.
- •Return to your table and select one strategy in one domain that you could target and implement in your classroom.
- Complete the last two rows of the <u>Action Plan</u> based on the strategy chosen:
 - -How will I implement this strategy?
 - -When will I implement this strategy?



Brainstorm: The "Why"

Why is it important to:

- Connect students to the curriculum?
- Develop **A**uthentic relationships with students?
- **K**eflect on your practices in the classroom with students?
- Effectively communicate with students and
- •Be Sensitive to students' culture?





Using Motivational Interviewing Strategies to Engage Teachers in Coaching

"The most challenging part of consulting with teachers is getting them to do what I want them to do."

Very Strong				Less Strong
5	4	3	2	1
I guarantee I will J promise I vow I shall give my word assure I dedicate myself I know	I am devoted to I pledge to I agree to I am prepared to I am prepared to I intend to I am ready to	I look forward to I consent to I plan to I resolve to I expect to I concede to I declare my intention to	I favor I endorse I believe I accept I volunteer I aim I aspire I propose I am predisposed I anticipate I predict I presume	I mean to I foresee I envisage I assume I bet I hope to I will risk I will try I think I will I suppose I will I suspect I will I supect I will I supect I will I wager I will See (about



Spirit of Motivational Interviewing

- Client-centered
- Not just a set of techniques
- Collaborative
- Evocative
 - Listening more than telling
- Respectful
 - Honoring a person's autonomy, resources

Give advice only with permission!



Activity: Empowering Questions

Speaker role: Talk to your partner about something that you want to change in your life.

Listener role: Listen to your partner. Don't try to persuade or fix anything. Don't offer advice. Instead, ask these three questions, one at a time, and listen carefully to their responses:

- 1. Why would you want to make this change?
- 2. If you did decide to make this change, how might you go about it in order to succeed?
- 3. What are the three best reasons for you to do it?

After you have listened carefully to the answers to these questions, give back a short summary of what you heard about the person's motivations for change. Then ask one more question:

4. So what do you think you'll do?

And listen with interest to the answer.

Miller, W.R. & Rollnick, S. (2013). Motivational Interviewing, 3rd Edition, Helping People Change. Guilford Press: New York, NY.



General Principles of Motivational Interviewing

- Develop Discrepancy
 - -Listen for values
 - Accentuate discrepancies between where they are and where they want to be
- •Listen for Change Talk
- Express Empathy
- •Roll with Resistance
- •Support Self-Efficacy



Additional Resources



- Book coming soon from Guilford Press: Bradshaw,
 C.P., & Rosenberg, M.S. (Eds.) (forthcoming). Double Check: Promoting Culturally Responsive Behavior Management and Enhanced Student Engagement.
 New York, NY: Guilford Press.
- Miller, W.R. & Rollnick, S. (Eds.) (2013). Motivational Interviewing (3rd Edition) Helping People Change. New York, NY: Guilford Press.



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Thank you!

For more information, please contact Catherine P. Bradshaw Curry School of Education at the University of Virginia cpb8g@virginia.edu



Conclusions and Implications

- •MDS3
 - •Continuum of Evidence-based **Practices Used Across Multiple Tiers**
- •PBIS/RP
 - •Integration Efforts
- •Double Check
 - •Increasing Cultural Proficiency and Student Engagement



Exit Ticket

- •"3" strategies I want to take back to my team or school
- •"2" things I want to learn more about
- •"1" thing I learned about myself today

Midwest Symposium for Leadership in Behavior Disorders

Handout Titles	Description			
Part 1: Why School Climate?				
*1. Reflection Items to Address with Team	Needs Identified by Maslow ; Using Climate Data;			
	Multiple sources of School Climate			
*2. MDS3 Student and Teacher survey scales and items	Constructs and what items assess			
3. Barriers to Collecting School Climate Data and Possible Solutions	Audience responds to how they are going to overcome barriers.			
Action Plan for Communicating the importance of School Climate	Strategies for communicating the importance of school climate (Who will help and when will this happen?)			
5. Resources on School Climate	PBIS Resources; MSDE Resources; Mid Atlantic.			
Part 2: Applying Climate Data t	to Data-Based Decision Making			
6. Planning Your Communication	Vision/ Values, Frustrations, History (Examples and links to school climate)			
7. Data discussions	3-5 Expectations for Data Discussions (e.g., identify areas of strength)			
8. Climate Survey Review Notes Sheet BCPS	Data to Celebrate and areas of concern; areas wanting to know more about; suggestions for improvement; team to do action planning)			
School Climate Feedback Form_MDS3 middle	Green to Red Spectrum Feedback Sheet			
10. Strategies to Improve Climate	Suggestions to improve (broken down into Safety, Engagement, Environment)			
*11. Admin Walk Through Tool	A tool to use to assess classroom and non- classroom environments			
12. Action Planning Slide 65	Identified problems, tools, and next steps			
13. Area of Concern Action Planning	Action planning for PBIS, Safety, Engagement, and Environment (Causes and Solutions)			
Part 3: Integrating Restorative Practice	ctices within the Maryland Safe and			
Supportive Schools (MDS3	3) Middle School Initiative			
*14. PBIS/RP Readiness and Early Implementation Checklist	Assessing Readiness for Implementing Integrated model of PBIS/RP			
15. PBIS and RP Integration: Menu of Option	Assesses the interest (not, possibly, very) of school teams)			
16. Restorative Practices Implementation Checklist	Assesses Implementation Fidelity (Handout from JSW Eber et al.)			
	Increase Staff Cultural Proficiency and ngagement			
*17. Strategies Handout	Participants will brainstorm strategies for each CARES Domain			
*18. CARES Action Plan Worksheet	Participants will create an action plan (e.g., select a strategy and determine who and how the strategy will be implemented).			

^{*} Items included in the handout packet. Other items are available upon request from the presenters.

Reflection Items to Address with Team

Needs identified by Maslow

Which of these needs does your school address well?

Could your school better support students in any of these needs? How?

Are there any groups of students that your school may want to focus on?

Using School Climate Data in Your School

How have you or can you talk about school climate among the staff...students...parents?

What impact does school climate have on the staff and their willingness to work with students?

How might different student groups respond about the climate of your school?

How much buy-in do we think we have among school staff and students to try to improve the climate in our school?

Brainstorm ideas for improving each of the components of school climate.

Multiple Sources of School Climate Data

What types of data do you have available to you currently that might provide some insight into your school's climate?

What additional data would you want to collect?

What resources are needed to collect additional data?

How might that data help in getting buy-in for making changes?

How can you share data with other stakeholders?

Module 1: Why School Climate?

Handout #1

Summary of Student and Teacher MDS3 School Climate Survey Scales

STUDENT ITEMS				
Construct/Scale	What Items Assess			
Physical Safety	How safe students feel and whether they have been in fights,			
	injured by a weapon, and are in gang			
	Whether safety issues are an issue at the school			
Bullying	Perpetration of and victimization; including frequency, form, and			
	locations			
	How well school addresses bullying			
Substance Use	Frequency of use of tobacco, alcohol, and drugs			
	How difficult it is for students at school to get access to tobacco,			
	alcohol and drugs			
Connectedness to	• Extent to which students feel they have a trusting, caring, and			
Teachers	respectful relationship with teachers			
Connectedness to	• How trusting, respectful, and helpful the relationships with other			
Students	students are			
Connectedness to	Extent to which students enjoy and like coming to school			
Whole School				
Academic	Focus on school work and future aspirations			
Expectations	Perceived teacher encouragement for students to do well in			
	school			
~	Student empowerment to make decisions in class			
Culture of Inclusion	• Extent to which all groups are perceived to be treated equally			
and Equity	Whether curriculum reflects student race/ethnicity			
Parental	How welcomed parents are made to feel			
Engagement	Communication with parents about the student's behavior			
Social and Emotional	Acceptability of aggression and retaliation			
Adjustment	Internalizing symptoms (loneliness, sadness, and anxiety)			
Order and Discipline	Presence of positive behavior supports, orderliness of student			
DI . 1	behavior, and whether teachers address student behavior well			
Physical	Adequacy of building maintenance and appearance and its			
Environment	perceived comfort			
Services and	Availability of school resources (e.g., supplies), extracurricular			
Resources	activities, programs to address violence/conflict management, and			
	to address additional student needs			
Wellness	Student dietary and nutritional choices, physical fitness, sleep,			
	and peer and romantic relationships			

Module 1: Why School Climate? Handout#2

Module 2: Administering and Accessing Data through the MDS3 School Climate Survey System

Handout #2

Summary of Student and Teacher MDS3 School Climate Survey Scales

TEACHER ITEMS				
Construct/Scale	What Items Assess			
Physical Safety	How safe teachers feel			
Dullwing	 Whether safety issues are an issue at the school Witnessing of perpetration of and victimization; including 			
Bullying	Witnessing of perpetration of and victimization; including frequency, form, and locations			
	How well school addresses bullying			
Substance Use	Perceptions of whether student use of tobacco, alcohol, and drugs			
Sansunie Obe	is a problem at the school			
Student-Teacher	Extent to which teachers report that there are trusting, caring, and			
Relationships	respectful relationships between teachers and students			
Student-Student	How trusting, respectful, and helpful the teachers perceive the			
Relationships	relationships between students are			
Connectedness to	Extent to which teachers perceive a school community where			
Whole School	they are well connected and people take pride in their school.			
Teacher Affiliation	Sense of support and community among teachers whereby they			
~	feel respected, support, and cared about			
Collegial Leadership	The principal's leadership style and the extent to which the			
A 1	principal sets a positive and rewarding climate			
Academic Expectations	The extent to which teachers encourage students to do well and set high expectations.			
Expectations Culture of Inclusion	set high expectationsExtent to which all groups are treated equally			
and Equity	Whether curriculum reflects student race/ethnicity			
Parental	How welcomed teachers perceive that parents are made to feel			
Engagement	Communication with parents about the student's behavior			
Order and Discipline	Presence of positive behavior supports, orderliness of student			
	behavior, and whether teachers address student behavior well			
Physical	Adequacy of building maintenance and appearance and its			
Environment	perceived comfort			
Services and	Availability of school resources to address student emotional,			
Resources	behavioral, and learning difficulties			
Burnout	Symptoms of emotional exhaustion			
Behavioral	Extent to which teachers feel equipped to handle behavioral			
Management Self-	challenges			
Efficacy				

Module 1: Why School Climate? Handout#2

Module 2: Administering and Accessing Data through the MDS3 School Climate Survey System

Handout #2

MDS3 School Climate Administrator Walk-through Tool

PURPOSE: To systematically gather data about school climate by observing both the physical environment and social interactions. This tool then can be used to make an action plan focusing on locations (i.e., improving the hallway environment) and/or indicators (i.e., reducing trash throughout the school).

MAY INVOLVE: Administrators, leadership team members, school improvement or climate coaches.

PROCESS:

- 1) Read through the entire tool. Note the different locations where observations will be conducted as well as the types of indicators you will be looking for, including both physical aspects of the school building, as well as behaviors.
- Plan your schedule of observations. It is best to conduct the observations when students and staff are using the space as they normally would (i.e., in hallways during class transitions).
- 3) Ideally the Administrator Walk-through will be completed in one day by the same person or persons. If this is not possible, try and complete the walk-through during one week.
- 4) Use the *Notes/Action Items* section at the end of the form to organize how and when you will address any needs determined from the Climate Walkthrough.

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broken or not functioning.	profanity on walls, doors, etc.	None 1-7 our more	
		herwise	None 1 or more
		Never S	some of the time A lot of the time

Cafeteria - Walk the perimeter of the cafeteria during lu	nch.		Rating
Cafeteria is clean and maintained aesthetically.			SD D A SA
Count evidence of defacement. This includes markings/etchings of names, symbols, and profanity on walls, doors, etc.			None 1-7 8 or more
Count broken lights. Look for fixtures that contain burned or broken or not functioning.	ut bulbs or are othe	rwise	None 1-7 8 or more
Count signs with positive behavioral expectations of student	S.		None 1-7 8 or more
The cafeteria promotes healthy eating.			SD D A SA
Students consistently follow rules appropriate to settings.		Never So	ome of the time A lot of the time
Students treat their peers with respect.		Never S	ome of the time A lot of the time
Noise level is appropriate for the activities in the location.		Never So	ome of the time A lot of the time
Count trash immediately after students leave the cafeteria.	None or a few pie	ces = 1 full	grocery bag ≥ 2 full grocery bags
Hotspot - Observe one area where students engage in probehavior. (What location did you select as the Hotspot?	roblem or dangero	ous)	Rating
Count evidence of defacement. This includes markings/etchings of names, symbols, and profanity on walls, doors, etc.			None 1-7 8 or more
Count broken lights. Look for fixtures that contain burned out bulbs or are otherwise broken or not functioning.			None 1 or more
Count vandalism. Look for things that have been intentionally broken or bent.			None 1-7 8 or more
Count evidence of substance use. Look for bottles, cans, or paraphernalia that once held alcohol, prescriptions, or illicit drugs.			None 1 or more
Count trash.	None or a few pie	ces = 1 full	grocery bag ≥ 2 full grocery bags
Pick-Up Area - Observe the space most students are pick	ked up by buses/ca	ars.	Rating
Count evidence of school ownership. Look for things with the school name or logo prominently displayed.			None 1-3 4 or more
Count evident of defacement. This includes markings/etchings of names, symbols, and profanity on walls, doors, etc.			None 1-7 8 or more
Count evidence of vandalism. Look for things that have been intentionally broken or bent.			None 1-7 8 or more
Count evidence of substance use. Look for bottles, cans, or paraphernalia that once held alcohol, prescriptions, or illicit drugs.		None 1 or more	
Count trash.	None or a few pie	ces = 1 full	grocery bag ≥ 2 full grocery bags

Notes/Action Items:

Classroom - Observe a classroom from each grade level for 5 minutes.		Rating
The classroom is clean and maintained aesthetically.		SD D A SA
Count signs of positive behavioral expectations.	0-2 3-5 6 or more	
A behavioral matrix is present.	Yes No	
Observed evidence that the teacher has a reinforcement system to reward posit behaviors.	tive	Yes No
Count groupings of student work.		0-1 2-4 5 or more
Teacher shows some evidence that she/he is aware of students' interests and backgrounds.	Never	Some of the time A lot of the time
Teacher integrates cultural artifacts reflective of students' interests into learning activities (e.g., music, local landmarks, artwork).	Never	Some of the time A lot of the time
Teacher is calm and attentive when problems arise.	Never	Some of the time A lot of the time
Teacher uses active listening techniques (e.g., eye contact, focusing, body language, not interrupting, paraphrasing, asking for more details, offering information, responding in full sentences rather than yes or no).	Never	Some of the time A lot of the time
Teacher interacts positively with students (i.e., uses more praise than reprimands).	Never	Some of the time A lot of the time
Students consistently follow rules appropriate to settings.	Never	Some of the time A lot of the time
Students are interested and engaged.	Never	Some of the time A lot of the time
Students treat their peers with respect. (e.g., listen when peers are talking).	Never	Some of the time A lot of the time
Classroom - Observe a classroom from each grade level for 5 minutes.		Rating
The classroom is clean and maintained aesthetically.		Rating SD D A SA
		- G
The classroom is clean and maintained aesthetically.		SD D A SA
The classroom is clean and maintained aesthetically. Count signs of positive behavioral expectations.	tive	SD D A SA 0-2 3-5 6 or more
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Notes/Action Items:

Classroom - Observe a classroom from each grade level for 5 minutes.		Ra	ating
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Count signs of positive behavioral expectations.	0-2 3-5	6 or more	
A behavioral matrix is present.	Yes	Yes No	
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behaviors.			
Count groupings of student work.	1	0-1 2-4	
Teacher shows some evidence that she/he is aware of students' interests and backgrounds.	Never	Some of the time	A lot of the time
Teacher integrates cultural artifacts reflective of students' interests into learning activities (e.g., music, local landmarks, artwork).	Never	Some of the time	A lot of the time
Teacher is calm and attentive when problems arise.	Never	Some of the time	A lot of the time
Teacher uses active listening techniques (e.g., eye contact, focusing, body language, not interrupting, paraphrasing, asking for more details, offering information, responding in full sentences rather than yes or no).	Never	Some of the time	A lot of the time
Teacher interacts positively with students (i.e., uses more praise than reprimands).	Never	Some of the time	A lot of the time
Students consistently follow rules appropriate to settings.	Never	Some of the time	A lot of the time
Students are interested and engaged.	Never	Some of the time	A lot of the time
Students treat their peers with respect. (e.g., listen when peers are talking).	Never	Some of the time	A lot of the time
Classroom - Observe a classroom from each grade level for 5 minutes.		Ra	ating
		SD D	A SA
Classroom - Observe a classroom from each grade level for 5 minutes.			A SA
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Notes/Action Items:

PBIS / RESTORATIVE PRACTICES READINESS AND EARLY IMPLEMENTATION CHECKLIST

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Readiness Indicator	Yes	Partial	No	Evidence	Plan to Meet these Criteria? (Who, When, How, etc.)
Review of data relevant to the current tiered behavioral supports indicates a need for community and relationship building.					
The school has goals within the SIP and PBIS Action Plan that align with RP (e.g., relationship and community building).					
The school has identified measurable impacts it hopes to achieve by implementing RP.					
The Principal demonstrates commitment to implement RP by 1) making a plan for training and implementation and 2) allotting time for faculty/staff to obtain and deliver training and implement the RP process.					
The Principal, an AP, and at least 1 member of the PBIS team have been trained in RP.					
Faculty/ staff members are familiar with RP and have had an opportunity to consider if RP would be an effective way to address school needs.					
The school has faculty members interested in becoming trained in RP strategies and implementing these strategies in their classrooms.					
Potential RP strategies have been discussed at meetings (e.g., PBIS, SIP, Leadership, Administrator, etc.)					
The identified leader of the RP initiative in the building has the time and skills to coach others in their PBIS/RP integration.					
A plan for integrating student voice into the process has been discussed (e.g., small groups including student leaders and students who could benefit the most from RP; a mechanism for assessing student buy-in exists).					
Necessary resources to implement RP have been identified and are available.					

Double Check: Strategies for Culturally Responsive Teaching



Connection to the Curriculum: Teachers and students are partners in learning, and mastery of the curriculum is the shared goal. The value of culture should permeate the curriculum at all times and be representative of all students within the class.

Authentic Relationships: It's important to understand who your students are. When teachers have an authentic relationship with a student, they are better able to plan interventions to support learning which aligns to rather than conflicts with the student's culture.

Reflective Thinking: Consider that behaviors can be culturally motivated and reinforced. A culturally responsive practitioner can understand different behaviors without assigning judgment.

Effective Communication: Communication is culturally bound and code-switching can be challenging. While students should know the culture of the school, the school culture should be inclusive of all students.

Sensitivity to Students' Culture: Understanding your students' cultures helps teachers to respond in culturally responsive ways. Making connections with students' cultural communities and families not only communicates a genuine interest and desire to understand, but also has proven effective in the prevention of behavioral infractions.

Double Check CARES: Action Plan

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Domain	CONNECTION TO THE CURRICULUM	AUTHENTIC RELATIONSHIPS	REFLECTIVE THINKING	EFFECTIVE COMMUNICATION	SENSITIVITY TO STUDENTS' CULTURE
Definition	Teachers and students are partners in learning, and mastery of the curriculum is the shared goal. The value of culture should permeate the curriculum at all times and be representative of all students within the class.	It's important to understand who your students are. When teachers have an authentic relationship with a student, they are better able to plan interventions to support learning which aligns to rather than conflicts with the student's culture.	Consider that behaviors can be culturally motivated and reinforced. A culturally responsive practitioner can understand different behaviors without assigning judgment.	Communication is culturally bound and code-switching can be challenging. While students should know the culture of the school, the school culture should be inclusive of all students.	Understanding your students' cultures helps teachers to respond in culturally responsive ways. Making connections with students' cultural communities and families not only communicates a genuine interest and desire to understand, but also has proven effective in the prevention of behavioral infractions.
Strategies					

	C	A	R	E	S
Domain	CONNECTION TO THE CURRICULUM	AUTHENTIC RELATIONSHIPS	REFLECTIVE THINKING	EFFECTIVE COMMUNICATION	SENSITIVITY TO STUDENTS' CULTURE
What strategy will I implement?					
How will I implement this strategy?					
When will I implement this strategy?					