Ziggurat Levels - 5 Questions

Levels

Questions for Parents, Teachers, Therapists

Skills to Teach

Task Demands

Structure and Visual/ Tactile Supports

Reinforcement

Sensory Differences and Biological Needs What does he need to know? Is he in over his head? What obstacles need to be removed?

> Is his world predictable? What does he need to SEE?

Are positives for progress in place?

Is he anxious or uncomfortable? Is his body dysregulated?

Levels

Questions for the Individual

What do I need to know?

Is this too hard for me? What obstacles do I need removed?

> Is my world predictable? What do I need to SEE?

What am I working for?

Am I anxious or uncomfortable? Is my body dysregulated?

Skills to Teach

Task Demands

Structure and Visual/ Tactile Supports

Reinforcement

Sensory Differences and Biological Needs