

# Identify Appropriate Social Skill Evidence Based Practices

Janine P. Stichter, Ph.D. University of Missouri

#### **Process to Determine Best Practice Social Skills Instruction:**

- 1. Assess current level of social skills
  - Interview
  - Rating Scales
  - Student Self-Assessment
  - Direct Observation

- Performance Based Measures
- Progress Monitors
- Self-Monitoring
- 2. Distinguish between type of deficit
  - Skill Acquisition Deficit
  - Performance Deficit
  - Fluency Deficit
- 3. Select an intervention
  - Intervention Central (www.interventioncentral.org/)
  - What Works Clearinghouse (http://ies.ed.gov/ncee/wwc/)
  - Evidence Based Intervention Network (http://ebi.missouri.edu)
  - Autism Focused Intervention Resources and Modules (http://afirm.fpg.unc.edu/)
- 4. Implement the intervention
  - Ensure fidelity is maintained
  - Provide feedback and reinforce targeted skills
  - Support generalization of target skills
  - Map out assessments to be completed during and after intervention
- 5. Evaluate and monitor progress
  - Monitor progress regularly to provide an accurate snapshot with quantifiable data
- 6. Use data to modify intervention
  - If the skill is not increasing as expected, ask yourself:
    - o Is the target skill well defined?
    - o Can you measure and observed the target skill?
    - o Are you implementing the intervention with appropriate dosage and fidelity?
    - Are appropriate reinforcement strategies being used?

Stichter, J.P., Malugen, E., & Davenport, M. (2018). A Six Step Decision-Making Process to Guide Social Skills Instruction. *Intervention in School and Clinic*. doi: <a href="https://doi.org/10.1177/1053451218767901">https://doi.org/10.1177/1053451218767901</a>

#### Resources for Social Skill Games and Activities:

## FACIAL EXPRESSIONS

- o Do 2 Learn: <a href="https://www.do2learn.com/">https://www.do2learn.com/</a>
- o Autism Games: http://www.autismgames.com.au/game\_memotion.html
- o Let's Face It Games: <a href="http://web.uvic.ca/~letsface/letsfaceit/?q=activities">http://web.uvic.ca/~letsface/letsfaceit/?q=activities</a>
- o Facial Expressions for Kids: <a href="https://www.parentingscience.com/facial-expressions-for-kids.html">https://www.parentingscience.com/facial-expressions-for-kids.html</a>
- o Board Game: Guess Who? and Faces
  - Have students only ask questions about the facial expression
- o For additional information on teaching facial expressions using the TSM see:
  - Lierheimer, K., & Stichter, J. (2011). Teaching facial expressions of emotion. *Beyond Behavior*, 21(1), 20-27. Retrieved from <a href="http://proxy.mul.missouri.edu/login?url=https://search.proquest.com/docview/103790727">http://proxy.mul.missouri.edu/login?url=https://search.proquest.com/docview/103790727</a>
     0?accountid=14576

#### SHARING IDEAS

- o Edutopia: https://www.edutopia.org/discussion/12-fun-speaking-games-language-learners
- The Center for Teaching & Learning: <a href="http://www.humber.ca/centreforteachingandlearning/instructional-strategies/teaching-methods/classroom-strategies-designing-instruction/activities-and-games.html#ScrollHere</a>
- o Games: Heads Up, Headbands, Taboo, Catch Phrase, etc.
- o These games are naturally setup that there has to be one speaker and one listener

## CONVERSATION

- The Center for Teaching & Learning:
   http://www.humber.ca/centreforteachingandlearning/instructional-strategies/teaching-methods/classroom-strategies-designing-instruction/activities-and-games.html#ScrollHere
- o Can use peer models
- o Busy Teacher: http://busyteacher.org/14077-improve-conversational-skills-5-best-ways.html
- o Games: Jenga, Connect 4, Checkers, Kerplunk, etc.
- o Have students take a turn in the conversation while taking their turn in the game

### FEELINGS AND EMOTIONS

- o Do2Learn:
  - $\frac{http://do2learn.com/activities/SocialSkills/EmotionAndScenarioCards/Emotio$
- Inside Out Mixed Emotions Improv: <a href="http://bkfkeducation.com/wp-content/uploads/2015/08/Mixed-Emotions-Improv.pdf">http://bkfkeducation.com/wp-content/uploads/2015/08/Mixed-Emotions-Improv.pdf</a>
- o Games: Pie Face, Wet Head, Kerplunk, Operation, Heads Up, Sorry, etc.
- Have students play a game that naturally causes changes in emotion so students need to use selfcontrol strategies

## PROBLEM SOLVING

- Wrike Problem Solving Activities: <a href="https://www.wrike.com/blog/top-15-problem-solving-activities-team-master/">https://www.wrike.com/blog/top-15-problem-solving-activities-team-master/</a>
- o Icebreaker Ideas: <a href="https://icebreakerideas.com/problem-solving-activities/">https://icebreakerideas.com/problem-solving-activities/</a>
- o Room 241 Problem Solving Activies: <a href="https://education.cu-portland.edu/blog/classroom-resources/5-problem-solving-activities-for-the-classroom/">https://education.cu-portland.edu/blog/classroom-resources/5-problem-solving-activities-for-the-classroom/</a>
- o Games: Clue, Ticket to Ride, Monopoly, Cashflow, Would You Rather etc.
- o For additional information on teaching problem solving see:

- PROBLEM SOLVING (cont.)
  - O'Connor, K. V., & Stichter, J. P. (2011). Using problem-solving frameworks to address challenging behavior of students with high-functioning autism and/or asperger syndrome. *Beyond Behavior*, 20(1), 11-17. Retrieved from http://proxy.mul.missouri.edu/login?url=https://search.proquest.com/docview/964189182?accountid=14576

The Autism Speaks website offers several autism specific apps and technology. This list is searchable based on the skill you want to work on. See: <a href="https://www.autismspeaks.org/autism-apps">https://www.autismspeaks.org/autism-apps</a>