In It for the Long Haul

How your relationships sustain you in your teaching career

Stages of Teaching



- Novice Stage: Survival
- Approaching the task of teaching
- Gauging the effect of teaching on students

Value of Relationships in the Novice Stage

- Finding supportive peers
- Continue learning
- Finding your mentors
- Learning to connect with students

"No significant learning occurs without a significant relationship." Comer 1995

- Define relationship. With a neighbor discuss your definitions and what the mean to you. What do your definitions have in common?
- Discuss a couple of examples of relationships that were beneficial to your your early career.

If we can provide consistency, positivity, and integrity in all our interactions, we will develop a relationship that is "safe enough". Souers, Hall 2016

 We sustain ourselves by realizing our limits as educators and sharing responsibility for our students' well-being with others.
 Especially in the early stages of our careers, students' hardships are hard to bear alone.

Mid-Career Teachers



- Stabilization—Experienced teachers fell more confident about professional skills, knowledge and predictable pattern of teaching.
- Experimentation—look for ways to spice up teaching, experiment with new approaches and activities in their classrooms, professional development
- Taking Stock—decade or more of teaching –is it worth it? Have I made a difference?

What can you say Yes to?

Find a person you haven't yet talked with.

What new things are happening in your district, work setting that challenge you?

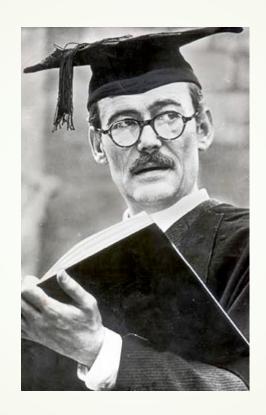


Discuss with a nearby person

- Value of relationships for a Mid-Career Teacher
- What has made you reflect on your efficacy and your career progress? What keeps you going?
- New learning—who has helped you focus on who you're becoming as a professional?
- What are your students still teaching you?

Late Career Teachers









Characteristics of Late-Career Educators

- Serenity
- Comfortable with classroom life and their role in it.
- Have become formal or informal mentors for new teachers
- Easy, comfortable relationships with students and peers
- RENEWAL: NEW OPPORTUNITIES, POST RETIREMENT POSITIONS
- School or district leadership

- Disengaged
- Bitter
- Toxic relationships

Self-Determination Theory (Deci, Ryan 2000)



Autonomy

Determine what you can control
Work on that

- "You can't make children learn or behave, but you can create environments where students will want t learn and behave."
- Wisdom of Tim Lewis

Competence

- Continue to be a learner
- Look for opportunities to share your professional expertise with others
- Reflect upon and enjoy the successes of your students

Belongingness

Enjoy the community you've created to sustain you

Family, friends, students, former students,

Your peers you meet at MSLBD every year

Contribute by being an active supporter to family, co-workers, students, former students and the peers you meet at MSLBD every year.

- Thank you!!! For sharing, for being here.
- Contact: <u>Cathy.DeSalvo@ops.org</u>
- Catherine DeSalvo, Supervisor
- Multi-Tiered Systems of Support for Behavior
- Omaha Public Schools